

Gotland Runt Covid-19 protocol

This Covid-19 protocol applies to all competitors and to key personnel in the organizing committee. Person in charge of a competing boat is responsible to ensure that the boats crew members take the precautionary measures stated in this protocol.

General

You are obliged to take precautionary measures to protect yourself and others from the spread of COVID-19. You should think about how you can avoid getting infected and how you can avoid infecting others. You should show consideration for your fellow human beings. This is especially important in relation to vulnerable persons.

In order to avoid the spread of COVID-19, you should:

- Stay at home if you have any symptoms of COVID-19.
- Wash your hands frequently and thoroughly or use hand sanitiser.
- You should limit your new close contacts by only mixing with the people whom you usually meet.
- Stay up-to-date with any specific recommendations issued by the Public Health Agency of Sweden and the regional medical officer.'

Onboard

- Do not invite visitors onboard
- Sail with people you normally hang out and/or train with
- Consider sailing with fewer crew members than you usually do
- Don't share equipment or clothes
- Ensure extra careful hygiene routines around food, drink and toilets
- Provide good ventilation below deck
- Keep distance and minimize time below deck

COVID-19 test

The person in charge onboard shall ensure that all crewmembers have valid vaccination or a negative COVID-19 test result not older than 48 hours prior to the first start of the race.

The following types of tests for COVID-19 are approved: Antigen tests, PCR tests, LAMP tests and TMA tests. Antigen tests exist in the form of rapid tests for ongoing COVID-19 infection.

If you have received a positive PCR or antigen test result, it is important to stay at home and follow the rules of conduct that you will get from your doctor, so that you don't infect others.

Travels

Competitors and members of the organising committee should ensure to travel in a way that minimises the risk of infection. This may mean that you have to use alternative modes of transport to public transport and other forms of transport where seating reservations are not available.

Entry requirements into Sweden

The regulations for people entering Sweden from abroad might be subject for changes from now until the start of the two races. In order to get the latest, updated information and regulations, we want to refer all competitors to the responsible authorities, the Public Health Agency of Sweden and the Swedish Police.

Recommendations for people entering Sweden from abroad -

<https://www.folkhalsomyndigheten.se/the-public-health-agency-of-sweden/communicable-disease-control/covid-19/if-you-are-planning-to-travel>

Negative COVID-19 test required for entry into Sweden -

<https://www.folkhalsomyndigheten.se/the-public-health-agency-of-sweden/communicable-disease-control/covid-19/if-you-are-planning-to-travel/negative-covid-19-test-required-for-entry-into-sweden>

Travel to Sweden during the corona pandemic - <https://polisen.se/en/the-swedish-police/the-coronavirus-and-the-swedish-police/travel-to-and-from-sweden>